

What is claimed is:

1. A method for regulating food intake, comprising: administering to a subject in need
5 thereof a compound that is an agonist for the growth hormone secretagogue receptor
type 1A (GHS-R 1A), or a pharmaceutically acceptable salt thereof, in an amount
effective to regulate such food intake.
2. The method of claim 1, wherein the compound does not induce a therapeutically
10 effective growth hormone release at the effective dose of the compound.
3. The method of claim 1, wherein the compound is grehlin or a homologue thereof.
4. A method for treating anorexia, comprising: administering to a subject in need thereof
15 a compound that is an agonist for the growth hormone secretagogue receptor type 1A
(GHS-R 1A), or a pharmaceutically acceptable salt thereof, in an amount effective for
such treatment.
5. A method for treating the lack of appetite in a child with growth hormone deficiency,
20 comprising: administering to the child a compound that is an agonist for the growth
hormone secretagogue receptor type 1A (GHS-R 1A), or a pharmaceutically acceptable
salt thereof, in an amount effective for such treatment.
6. A method for treating obesity, comprising: administering to a subject in need thereof a
25 compound that is an agonist for the growth hormone secretagogue receptor type 1A
(GHS-R 1A), or a pharmaceutically acceptable salt thereof, in an amount effective for
such treatment.
7. A method for treating Type II diabetes, comprising: administering to a subject in need
30 thereof a compound that is an agonist for the growth hormone secretagogue receptor
type 1A (GHS-R 1A), or a pharmaceutically acceptable salt thereof, in an amount
effective for such treatment.

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8. A method for treating wasting associated with AIDS, comprising: administering to a subject in need thereof a compound that is an agonist for the growth hormone secretagogue receptor type 1A (GHS-R 1A), or a pharmaceutically acceptable salt thereof, in an amount effective for such treatment.

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